

Web-Based Career / Transition Assessments and Resources

The following career/vocational assessments and resources are helpful in assisting youth to identify their interests, abilities, and/or work values, match their traits to career choices, and explore the possible careers. The following are free web-based resources. Schools may also have site licenses to web-based career programs (e.g.- Kuder, Bridges Choices Planner, Discover, Eureka, Career Locker, Personal Data Wizard). There are many other commercial resources that are not included in this list.

Career Exploration and Interest Assessment Web Sites

America Career Resource Network Career Decision Making Toolkit: The CDMT helps teachers, counselors, and parents assist their youth in identifying an appropriate career direction and selecting or developing an educational program or plan that will provide the knowledge and skills needed to succeed within their chosen career field.

The process that students—or anyone else—must go through to identify a career direction and evaluate an educational preparation plan is provided in a six-step decision cycle that may be entered at any point and repeated over and over until a satisfactory conclusion is reached.

<http://cte.ed.gov/acrn/decision.htm>

California Career Zone: The California Career Zone is a web-based career exploration system available to ALL Californians free of charge and is based on the Holland Code (see Program Development Folder in Tool Kit for explanation of Holland Code). The site is available in three different formats- text, graphic and flash- to suit varying internet connection speeds. www.californiacareers.info/careerzone

Whodouwant2b: This site will help you make decisions about the right courses to take in high school and community college so that you have the opportunity to turn that passion of yours into a great job and a great future. www.whodouwant2b.com

TIPS for Success: This document helps the student summarize his or her plans for the future and to advocate for himself or herself while transitioning to life after school. TIPS and other career assessment documents are available online: <http://www.shastacareerconnections.net>

Career Voyages: This is a free exploratory tool which includes a short career interest assessment, occupational information and videos: <http://www.careervoyages.gov/students-main.cfm>

O*NET OnLine: ONET is a tool for career exploration and job analysis. It has detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, students, researchers, and more. <http://online.onetcenter.org/>

ASVAB Career Exploration Program This is a free, comprehensive career exploration program that provides tools for high school students to learn about themselves and the world of work. www.asvabprogram.com

Career Clues: Engages youth in activities designed to help them gather and interpret important information about themselves and what they want from their lives. www.careerclues.org

Missing Major: Is an interactive video-based site that allows youth to create a Personal Profile, which will lead them to the next steps at their community college's career center or counselor's office. www.missingmajor.com

Career Aptitude Assessments

Most high schools schedule an administration of the ASVAB test yearly. It is the most widely used multiple-aptitude test battery in the world. Learn more about the ASVAB at:

<http://www.asvabprogram.com/index.cfm?fuseaction=overview.test>

Other strategies to assess youth job aptitudes include the evaluation of workplace skills as defined by national workplace standards outlined in SCANS 2000, 21st Century Skills, Equipped for the Future, O'NET, and the report Are They Ready to Work. These skills are evaluated through observation, situational assessments, performance in career-technical classes, and work experience learning plan evaluations. (Some tools are available in the resources section).

Work Values Assessments

Work Values define the factors that make work satisfying for the individual. These inventories are self appraisal checklists that help youth identify what is important to them.

Work Values Inventory http://www.rop.santacruz.k12.ca.us/resources/career_planning/step1tool1.pdf

Learning Style Assessment Instruments (Learning Styles/Disabilities)

Multiple Intelligences: www.multi-intell.com

Learning Styles-Learning to Learn: www.utoronto.ca

Learning Styles and Multiple Intelligences: www.ldpride.net/learningstyle.MI/htm

Learning Differences-Not Disabilities: www.fln.vc.edu

Signs of Learning Disabilities: www.ldonline.org/ldbasics

Cite Learning Styles Inventory (and teaching strategies/accommodations):

<http://wvabe.org/CITE/cite.pdf>

Personality Inventories/Assessments

Meyers Briggs Information: http://www.personalitypathways.com/type_inventory.html

True Colors Personality Test: <http://truecolorstest.com/>

Job Skills Assessment

E-Jam: This is a job skills assessment tool that has been used extensively with adolescents with ED and those with high-risk behaviors (Bullis & Davis, 1999). EJAM was designed to assist in determining an employment placement and the support and accommodations that might be needed.

http://transitioncoalition.org/transition/tcfiles/files/docs/E-Jam_final1208291707.pdf/E-Jam_final.pdf

Portfolio Resources

State Diagnostic Center has lots of information and resources on portfolio and career development including High School and Middle School Transition Portfolios for youth with disabilities:

<http://www.dcn-cde.ca.gov/portfolios.htm>

Web-based portfolio system: www.myjobpath.org

A wonderful tool that helps youth see the need and value of a portfolio:

<http://cte.ed.gov/acrn/ncdg/Portfolio.html>

California Careers: An array of free on line resources are available at www.californiacareers.info

Find and Keep the Right Job: http://www.californiacareers.info/downloads/Find_Get_Right_Job.pdf

Succeed at Work: http://www.californiacareers.info/downloads/Succeed_at_Work.pdf

Real Game CA is a career development curriculum that is aligned with core academic standards, workplace standards and career development standards. <http://www.realgamecalifornia.org/>

Self Advocacy Resources

LD Self Advocacy Manual <http://www.ldpride.net/selfadvocacy.htm>

Self advocacy for individuals with mental health issues:

<http://mentalhealth.samhsa.gov/links/default2.asp?ID=Protection+%26+Advocacy&Topic=Protection+%26+Advocacy>

Leadership through Personal Change: Think, Plan, Do

This guide is to help people with developmental disabilities to have self-determined lives. To learn simple ways, using supports, everyone can participate in directing their futures.

<http://dds.ca.gov/ConsumerCorner/ThinkPlanDo.cfm>

Life Skills for Vocational Success: Contains an array of assessments, curriculum resources and teaching strategies: <http://www.workshopsinc.com/manual/>

The Arc's Self Determination Scale is a student self report measure of self determination designed for use by adolescents with cognitive disabilities. It is a tool for youth to identify their strengths and limitations in the area of self determination.

http://www.beachcenter.org/education_and_training/self-determination.aspx?JScript=1

Accommodations- Jobs Accommodations Network (JAN)

A resource for workplace productivity enhancements and reasonable accommodation solutions:

<http://www.jan.wvu.edu/>

Job Seeking Skills

Job Seeking Skills for Individuals with Disabilities is a comprehensive curriculum and guidance resource for individuals with disabilities.

http://www.eric.ed.gov/ERICDocs/data/ericdocs2sql/content_storage_01/0000019b/80/1a/29/0d.pdf

Employment Skills

Employment Literacy: There are several sources of resources regarding the definition of the skills and attributes workers need to exhibit in order to enter and maintain employment. They include:

A SCANS Skills Rubric at New Ways to Work

http://www.nww.org/qwbl/tools/kcktoolkit/Tools/Tool_21.PDF

Entrepreneurial Skills Inventories:

<http://www2.gsu.edu/~wwwsbp/entrepre.htm>

Equipped for the Future provides the tools, professional development and technical assistance that support the implementation of standards-based adult education in ways that meet the needs of adult learners.

<http://eff.cls.utk.edu/>

21st Century Skills is a website that provides resources for teaching and defining skills for the job market of today and tomorrow. <http://www.21stcenturyskills.org/>

A summary of workplace skills from various sources is available at http://www.workplacebasicskills.com/non_frame/workplace_skills/skills.htm

Technology Skills

21st Century Technology Literacy Skills

http://www.21stcenturyskills.org/index.php?option=com_content&task=view&id=61&Itemid=120

International Technology Standards

http://www.iste.org/Content/NavigationMenu/NETS/ForStudents/NETS_for_Students.htm

DO IT: DO-IT serves to increase the participation of individuals with disabilities in challenging academic programs and careers. It promotes the use of computer and networking technologies to increase independence, productivity, and participation in education and employment. <http://www.washington.edu/doit/>

National Technology Standards are available at www.iste.org/standards

Postsecondary Education

Youth with intellectual disabilities have not had many chances to go to college. This is changing as systems across the country begin to create opportunities for these youth to reap the benefits of postsecondary education. This website will provide information and links to anyone interested in finding out more about the possibilities: www.thinkcollege.net

Tips for College Success including study skills, time management, differences between high school and college: <http://www.taftcollege.edu/newtc/studentservices/ace/tools.htm>

A tool for planning postsecondary education: www.CSUMentor.edu

Independent Living Skills

Adolescent Autonomy Checklists that are an ongoing measurement of the level of independence in the areas of skills at home, health care, community, leisure time skills and skills for the future.

<http://depts.washington.edu/healthtr/Checklists/intro.htm>

Financial literacy standards, curriculum resources and assessments are available at www.jumpstart.org